

UNISLIM CLASS every Wednesday morning in Tullow Parish Centre at 10 a.m.

LINEDANCING class every Monday night in Murphy Memorial Hall. Contact 087 2049547.

(D.T.A. Ltd) St. Patrick's Day Parade Committee annual parade will take place in Tullow on Thursday 17th March. More details later.

A public meeting will take place in the Tara Arms, Tullow commencing at 8.30 p.m. on Tuesday 8th February.

Yoga-Slim: A unique yoga approach to losing weight including tips on nutrition and diet. Relaxing yet energising six week course, €72 euro, begins on Monday 24th in Teach Bhride, Tullow. All welcome. Call Deirdre on 086 2510856.

ZUMBA CLASSES: *The Zumba classes that started in Mt. Wolseley are now taking place in TULLOW COMMUNITY SCHOOL. Classes every Tuesday and Thursday evening start at 8.30 p.m. ALL ARE WELCOME TO JOIN. Phone Jolanta on 087 9754687.*

TULLOW RUGBY CLUB

Tullow J1's play the West Offaly Lions today Sunday 23rd January at 2.30 p.m. All welcome.

NEW OPPORTUNITY FOR WOMEN TO RETURN TO EDUCATION

For many women young and old, life often gets in the way of completing or returning to education and fulfilling a desired career or goal. The New Steps Programme is now offering women across the County an exciting opportunity to address this and build careers and further education roadmaps for their own future. Part of this initiative is a ten week course taking place in Forward Steps Resource Centre, Tullow commencing on Tuesday 25th January for three mornings a week. During this programme participants will gain personal development, communication and computer skills, participants will also receive one to one mentoring support and career and education exploration through out. This programme is funded by the European Social Fund and the Department of Community, Rural and Gaeltacht Affairs. Contact Jacqui on 086 8283637.

Are You Depressed? Need Support? Can we Help?

Moving On Overcoming Depression (MOOD) is a voluntary organisation which holds support group meetings throughout the Southeast Region. The groups are facilitated by trained volunteers who are experienced in dealing with those affected by depression. All groups are confidential, non-judgemental and free. For further information email moodsupport@hotmail.com or 087 9498100.

FELLOW'S BARBER Newly Relocated Church St Tullow. Now open late Fridays till 7pm. Parking at back of shop.

Concert with Orla Fallon harpist and singer at Mount Wolseley Hotel on Saturday 12th February at 8 p.m. Tickets are €20 and can be purchased at Mt. Wolseley on 9180100. Alternative please contact 087 2958926.

Active Retirement

Trip to Rathwood on Thursday 26th January. Bus will leave Church Car Park at 4 p.m.

TULLOW SHOW A.G.M. will be held next Wednesday 26th January at 8 p.m. In the Tara Arms. New members welcome.

TULLOW, GRANGE & ARDATTIN PARISH NEWSLETTER



23rd January, 2011. Third Sunday in Ordinary Time.

"Follow me"

When he set about selecting his disciples, Jesus looked for them among the run of the mill people who lived ordinary, everyday lives. Peter, Andrew, James and John were chosen, with no special training or without any merit on their part, to be the core members of this community.

Their mission was to bring the knowledge and love of Christ to the whole world. Their response was immediate and a complete act of willing co-operation. As a group they had little to recommend them apart from their hearts being in the right place, and having an inner awareness of the goodness of Jesus and a desire to remain in his company.

Like the apostles, we, too, have a great task on our hands. We are called to be servants of God, bearers of the good news and builders of his kingdom of peace and joy. If the word of God is to reach everyone then all who hear it must make it known. There is simply no one who is not called to be a disciple.

ANNIVERSARIES

PLEASE PRAY FOR May Greene (nee Kavanagh), Kill who died in Dublin recently.

ANNIVERSARY MASS for Meta Browne, Laurel Lodge today Sunday 23rd January at 9.30 a.m. in Grange Church.

ANNIVERSARY MASSES FOR FRIDAY 28th JANUARY, 7.30 P.M.

John & Margaret Kavanagh, daughter Kathleen Nolan, Kylemaglish, Fenagh. Pat Murphy, Rathbawn & deceased family members. Joe Nolan, Hillbrook Estate. Corey Darcy, Shroughaun Close. Brigid & William Shannon, Grangeford. Kathleen Kealy, Killamaster and Tullowhill. Lt. Col. Denis Burke, Clane, Co. Kildare. Edward, Margaret & Patty Dunbar, Ardristan. Patrick Connolly, Bellwood Drive. Brian & Arthur O'Neill, Ardoyne. Jackie Nolan, Knocklow. Jim Savage, The Square.

FIRST ANNIVERSARY MASS for Richard (Dick) Murphy, late of John Street next Saturday night 29th January at 7.30 p.m.

Would You like to be a Minister of the Eucharist in Tullow, Grange or Ardattin Church? New training course beginning in February. Please contact any member of parish team.

ROSARY: From this Monday 24th January the rosary will be recited in the Parish Church each morning **BEFORE** Mass: Monday—Friday at 9.15 and on Saturday at 9.45 a.m.

“Celebrating our Faith”
Tullow Parish Mission
March 5th—13th

EUCCHARISTIC ADORATION MEETING on Tuesday night 25th January at 8.15 p.m. in Parish Centre.

Gathering of Parish Helpers

A gathering of all involved in parish activities will be held in Murphy Memorial Hall on Friday 4th February at 8 p.m. Refreshments will be served. All welcome.

TULLOW ACTIVE RETIREMENT

Bookings for the 3 Tenors Show for the 5th February are now being taken by Bernie. Cost is €30 to include show and transport. **ACTIVITIES**

Bridge Classes on Wednesday at 7.30 p.m. in Forward Steps, 26th January, & 2nd and 9th February.

Tai Chi Thursdays at 11 a.m. in Forward Steps. Yoga Friday at 11 a.m. in Teach Bhride.

Bowls and Aqua Aerobics are ongoing. All information on ARA notice board in Forward Steps.

Ardattin Tidy Village Committee

are holding a meeting in Ardattin Wednesday 26th January at 8.30 to discuss the future of the village. Please come along to this important meeting. All are welcome.

Novelty Bingo in Aid of Tullow Day Care Centre on Monday 31st January 2011 at 8p.m. Refreshments provided.

COLLECTIONS

Offertory: €2,007. Development: €2,515. Many thanks.

EUCCHARISTIC ADORATION

Tuesday 25th and Wednesday 26th January. That Christians may achieve full unity, bearing witness of the universal fatherhood of God to the entire human race.

SERVERS FOR THE COMING WEEK

GROUP 5 GIRLS

Groups for Sunday

Sally Ann Connors, Elena Byrne, Niamh Flynn, Liath Clark, Niamh Bailey, Aoife Gahan, Katie Ryan.

8.30a.m. Liath Clark, Elena Byrne & Aoife Gahan

11.30a.m. Sally Ann Connors, Niamh Bailey, Niamh Flynn & Katie Ryan.

CLONFERT: *A day of prayer for healing will be held in Emmanuel House of Providence, Clonfert on **Saturday 29th January.** Speakers: Fr. Michael Kennedy and Eddie Stone. Bus departs Church Car Park at 8 a.m. sharp via Killebrig Cross, Closh Stores and bus stop Barrack Street, Carlow. Bring packed lunch. To book a seat phone Lily on 059 9151245.*

Tullow Day Care Centre

Will have the following vacancies Laundry Assistant, Kitchen Assistant and a Mini Bus/Vanette Driver (Di Licence essential). Please e-mail C.V. to tullowdaycare@eircom.net or post to Tullow Day Care Centre The Shroughan, Tullow, Co Carlow. Contact Martina at 059-91-51833. Closing Date 28th January 2011.

The Saplings School, Carlow will be running an Introduction of Applied Behaviour Analysis course soon. If you are interested in this course please phone the school on 059 9164759.

Tullow Tennis Club

are having a meeting in Tullow Parish Centre at 8.30p.m. on Friday 28th January, 2011. Tel Donnacha 086-8239068 or Aine 086-8590638.

SCOIL MHUIRE LOURDES ENROLMENT

Application for enrolment for 11/12 school year in Scoil Mhuire Lourdes, Tullow will take place during the weeks February 7th to March 4th, 2011.

During this time application forms will be available from the school secretary 9.30—2.00 p.m. each day. Completed application forms must be returned no later than Friday 4th March.

NIGHT CLASSES AT TULLOW COMMUNITY SCHOOL

Two night classes will commence in Tullow Community School on Tuesday 25th January. The first is a Fetac Level 5 module entitled “Child Development”. This is one of eight modules required to gain a Fetac Certificate in Childcare and will run one night per week for 10 weeks.

The second course is Computers for Beginners, aimed at encouraging those who have little or no experience of computers to get started for 2011.

If you are interested in either course contact 059 9151473 or e-mail tulcomcw@eircom.net

TULLOW BINGO

Every Thursday night at 8.30 p.m. in Murphy Memorial Hall. Hickson’s jackpot will be €440 next week.

FLOWER DEMONSTRATION

The Flower demonstration that was to take place on Friday 3rd December, 2010 will now be held on Friday 25th March in Tullow Parish Centre in aid of Tullow Day Care Centre.

NOVELTY BINGO in aid of Tullow Day Care will be held on Monday 31st January at 8 p.m. in Tullow Day Care Centre.

THANK YOU: Crosslow Fundraisers would like to thank all who contributed to the success of their Table Quiz which was held in the Tara Arms on the 17th November 2010, especially John Colgan, his staff and all our very generous sponsors, all those who brought teams and anyone else who helped in any way to make it the great success it was. A total of €3,020 was raised on the night, which will be given to St. Johns Oncology Ward, Crumlin Children’s Hospital, Dublin.

New Year-New You

12 Week Program starts Parish Centre on January 12th and every Wednesday Night at 8pm. Full Body Analysis. All are welcome.

PARENT AND TODDLER GROUP continues in Forward Steps Resource Centre on Monday mornings from 10.30 a.m.—12.30 p.m. The cost is €2.50 each week.

The Knitting and Crochet Group in Forward Steps has now moved from Monday morning to Friday morning 10 a.m.—12 p.m.

Contact Leanne on 059 52776 for more information.

Email: tullowparish@eircom.net

Tullow Parish Community Centre. Phone: 059 9151277. Fax: 059 9151624.